

BLOOM HOLISTIC COLLECTIVE CLASS TIMETABLE MAY24-JUL24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5.45am to 6.45am	WARM VINYASA YOGA Donnamarie	BLOOM26 HOT YOGA Donnamarie	WARM VINYASA YOGA Angela	BLOOM26 HOT YOGA Donnamarie	WARM VINYASA YOGA Angela		
7.00am to 7.45am / 8.00am	HATHA YOGA Mel	WARM VINYASA YOGA Michael S	HATHA YOGA Mel	WARM VINYASA YOGA Michael S	HATHA YOGA Amanda	7.00 - 8.00am WARM SLOW FLOW YOGA Samantha	
8.00am or 8.15am						8.15 - 9.15am MAT PILATES Dana	8.00 - 9.00am BLOOM26 HOT YOGA Donnamarie
9.30am to 10.30am	MAT PILATES Katie	HATHA YOGA Selena	YIN YOGA Selena	VINYIN YOGA Mel	VINYASA FLOW YOGA Liisa	VINYIN YOGA Mel and others	9.30 - 11.15am MONTHLY - YOGA BEGINNER COURSE check online for dates
2.00pm to 3.00pm	 <p>www.bloomholistic.com.au 24 WATER ST, TOOWOOMBA 07 4599 9058 hello@bloomholistic.com.au</p>					Weekender Flow Community Class Rotating Roster	MONTHLY WORKSHOPS full details online
4.00pm to 5.00pm							
5.30pm to 6.30pm	HOT VINYASA YOGA Josie	VINYASA FLOW YOGA Mel	WARM SLOW FLOW YOGA Sarah	WARM HATHA YOGA Amanda	VINYIN YOGA Josie		SOUND BATHS MONTHLY Donnamarie full details online
6.45pm to 7.45pm	YIN YOGA Selena	SLOW HATHA YOGA Donnamarie	YOGIC MEDITATION Karen	BEGINNER'S SLOW FLOW YOGA Donnamarie	SOUND BATHS MONTHLY Donnamarie full details online	LIVE & UPDATED TIMETABLE ONLINE	

UPDATED COURSES, WORKSHOPS & SPECIAL EVENTS INFO



Workshops, Courses & Specialty Classes, always check for updates www.bloomholistic.com.au/workshops-courses--events.html
Beginner's Yoga Course - 3 consecutive Sundays - check online for upcoming dates.
Sound Bath Meditations - check online for confirmed dates & special events.

PLUS, MORE TO COME - CHECK ONLINE FOR UPDATES AND NEW OFFERINGS